



## Synopsis

Is There a Doctor in the House? Say you're at a party. You've had a martini or three, and you mingle through the crowd, wondering how long you need to stay before going out for pizza. Suddenly you're introduced to someone new, Dr. Nice Tomeetya. You forget the pizza. Now is the perfect time to bring up all those strange questions you'd like to ask during an office visit with your own doctor but haven't had the guts (or more likely the time) to do so. You're filled with liquid courage . . . now is your chance! If you've ever wanted to ask a doctor . . .

- How do people in wheelchairs have sex?
- Why do I get a killer headache when I suck down my milkshake too fast?
- Can I lose my contact lens inside my head forever?
- Why does asparagus make my pee smell?
- Why do old people grow hair on their ears?
- Is the old adage "beer before liquor, never sicker, liquor before beer" . . . really true? . . .

then *Why Do Men Have Nipples?* is the book for you. Compiled by Billy Goldberg, an emergency medicine physician, and Mark Leyner, bestselling author and well-known satirist, *Why Do Men Have Nipples?* offers real factual and really funny answers to some of the big questions about the oddities of our bodies.

## Book Information

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## Customer Reviews

I knew why men have nipples before I read this book. Because we're all female for the first six weeks after conception until the male hormones kick in. Yes, macho men, the default human is female. But I can never resist the kind of book in which there are questions we'd like the answers to and answers. Ah, but this book is a little different. First, some of the questions are given equivocal answers, which is to be expected, since most of what there is to know isn't known. Some of the

questions, like "Will using a cell phone give you a brain tumor?" or "Is it true that left-handed people are smarter than right-handed people?" aren't answered at all. Leyner, who is a writer, and Goldberg, who is an MD, have a way of going around the question. I got the feeling that the extent of their research didn't go much past the Internet--which might raise the question, how did this book ever become a best seller and inspire a sequel? The answer, my friend, is in the comedy. Leyner and Goldberg are a comedy team. While the bulk of the book is in the Qs and As, a good part consists of some hijinks at a cocktail party (thus the three martinis, although Leyner is mostly into Don Julio tequila). A third part seems to be lifted verbatim from their emails to each other. Part of the fun are those emails because they seem to give the reader a realistic glimpse into the cooperative creative process. It is also kind of fun to read what a doctor writes when he lets his hair down, so to speak, or at least takes off the white coat. However all of this is carefully staged. This is one of those "best seller" ideas that actually worked. These guys trade raunchy humor spiked with some information and lo and behold it works. Well, it semi-works.

Did you know that holding back a sneeze can potentially cause damage to the eyes and ears? Do you realize that the common cold cannot be caught due to cold weather or being wet, like the old wives' tale states? Did you know that beer and liquor, regardless of the order consumed, will have the same affect on the body? If these and other questions fascinate you, then you might find some interesting reading in "Why Do Men Have Nipples", a book with facts about the human body combined with some attempted humor from its two authors. This book is at its best when it is providing answers to some of life's puzzling questions. Some of these questions and answers will be old news to the majority of readers, like the fact that catching a cold requires contracting the virus from someone else and has nothing to do with the actual feeling of cold. Other questions and answers are just as obvious and they won't provide any new learning material. On the other hand, there are a good number of questions and answers in this guide that involve topics I had never really thought about in the past. An example is the fact that a woman's natural milk has been found, in some studies, to cure warts. Another example is the scientific explanation behind the causes of bags under the eyes. These, and other facts like them, are usually explained very well with medical sources to back them up. Now, let's talk about this book's negative points, because there are several worth mentioning. First of all, the humor used in this book is lame and it isn't likely to amuse most readers. To give you an example, after talking about the chemical composition of snot and boogers, the authors provide some recipes that explain how to make homemade snot.

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